

NEWSLETTER

Saturday 15th June 2024
at 11.00am until 15.00

**SEFTON PCF
CRAFT CAFE**

&

**SUMMER IN
SEFTON**

Old Christ Church
Waterloo Road
Waterloo
L22 1RE

any queries please email events@seftonpcf.org

**Welcome to our termly update on Sefton PCF
life over the last few months**

SUMMER IN SEFTON 2024

Starting with the bad news that we unfortunately had to cancel our Summer in Sefton event on the 17th May, we tried very hard to organise an evening event, as some of our parent carers had asked for, but we couldn't get enough activities/charities to attend to make it worthwhile. So, for the good news, we switched to combining our makers' market with Summer in Sefton. Hopefully you will have seen our flyers for the event on Saturday 15th June 2024 and we are looking forward to seeing as many people as possible.

We Are Sorry

NNPCF/CONTACT NATIONAL CONFERENCE

Sefton PCF steering members were able to join the NNPCF/Contact national conference in Newcastle in February. This was a great opportunity to attend talks about Partnership for Inclusion of Neurodiversity in Schools (PINS), Law Commission review, SEND reforms, OFSTED/CQC inspection framework and a workshop on Preparation for Adulthood. It was beneficial to speak to parent carer forums from across the country.



**Guests this term
include:**

DONNA BUCK FROM THE SCHOOL NURSING TEAM
HEATHER GLENNIE FROM THE SEN INCLUSION TEAM
EMMA MORGAN FROM ORAL HEALTH RESEARCH
HELEN MASSEY FROM THE ALDER HEY ADHD TEAM
SENDIASS

STEPHEN SHAW FROM TEAM AROUND THE SCHOOL
EMMA HART AND LOUISE VEENEY FROM THE SEN INCLUSION TEAM
THE DSCO RUFUS BEER

CAMILLE HAYWARD FROM SEFTON CAMHS
SAM GADEN FROM ALDER HEY ASD TEAM

Our FASD support group is continuing at Linaker Family Wellbeing Centre





SEFTON PCF PARENT CONFERENCE AND SEND AWARDS 2024

We hosted our first in-person Parent Carer conference since covid on the 11th March. Guests spoke about the graduated approach, the 0-25 offer and the role of our DCO and DSCO. Conversations in the room focussed mainly on transitions, primarily the transition to adult services. On the back of this we are working on another parent carer conference, focussing on Preparation for Adulthood, in the autumn term. More details to follow. As part of our parent carer conference, we held our inaugural Sefton PCF SEND awards. We were overwhelmed by the response to this, there were over 260 nominations for 180 nominees in total, from schools to dentists, and health workers to a guitar and drum teacher.



CONGRATULATIONS!
To All Our Winners And Nominees

Our New Website

We've been working on content for our website, please bare with us whilst we find time to do some training on how to maintain it. So far the website has the option to sign up as a member on the database and we are starting to populate the tabs including policies, virtual noticeboard, information and events. Anyone can sign up to our database, there are two options, full member: for parent cares or associate member: for professionals and practitioners who work with children and children and young people with Special Educational Needs and/or Disabilities (aged 0-25 years) in Sefton.

Check it out here www.seftonpcf.org



COMING UP....

Cambridge Family Wellbeing Centre, Bootle

Friday 7th June, Sam Gaden, Alder Hey ASD team
 Friday 14th June, DWP for benefit advice.
 Monday 17th June, Lynne Clegg, Adult learning disability team
 Friday 21st June, Sense.org, Complex communication difficulties
 Monday 24th June, Katie Gillespie, community policing
 Monday 1st July, Sophia Fashoni, Adult ADHD team
 Friday 12th July, Meriam Ghobrial-Wright, transition nurse specialist

**Linaker Family Wellbeing Centre, Southport**

Monday 10th June, Bernadette and Debbie, Hugh Baird College
 Monday 24th June, FASD support group
 Monday 8th July, Jamie McGiveron, SENDIASS

**School Visits**

Friday 7th June, 9.00-10.30, Linacre Primary School, Bootle
 Friday 26th June, 9.30-11.00, Transition event St Michaels High School

**Other dates for your diary**

Saturday 15th June, Sefton PCF Craft Café
 Weekly zoom sessions, 7.00 to 8.30 pm
 (Thursdays but day may change depending on demand)

**Calling all makers!**

Are you a parent carer or a young person with additional needs with a small business or creates as a hobby?

We are holding a makers' market for parent carers, to showcase their creativity and pizzazz. If you make any products that you sell for profit or to raise money for charity, then please get in touch by Monday 3rd June 2024 to book a table by emailing events@seftonpcf.org with a brief description of what you make.

It will be held on Saturday 15th June 2024 between 11-3. We are asking all table holders to pay £10, to cover the cost of the venue. The event will be held at:

Old Christ Church
 Waterloo Road
 Waterloo
 L22 1RE



WE ARE LOOKING FOR PARENT CARERS OR YOUNG PEOPLE WITH ADDITIONAL NEEDS, WHO MAKE AND CREATE, TO TAKE PART IN OUR CRAFT CAFE ON SATURDAY 15TH JUNE 2024.

PLEASE EMAIL EVENTS@SEFTONPCF.ORG IF YOU ARE INTERESTED WITH DETAILS OF WHAT YOU MAKE BY MONDAY 3RD JUNE 2024.

LET'S SHOWCASE THE TALENTS OF OUR SEFTON PARENT CARERS AND SEFTON'S YOUNG PEOPLE WITH ADDITIONAL NEEDS.



Sefton PCF priorities

LAST JULY SEFTON PCF STEERING GROUP SET OUT OUR PRIORITIES FOR THE YEAR, THIS IS WHAT WE'VE BEEN DOING ABOUT THEM.

FOETAL ALCOHOL SPECTRUM DISORDER (FASD)

We wanted to help drive the profile of FASD across Sefton, increasing awareness, understanding, and training.

We now have a regular FASD support group at our Linaker Family Wellbeing coffee morning, we are looking to expand this through our Cambridge FWC base and zoom sessions too. Cheshire and Mersey Integrated Care Board (ICB) have set up a FASD steering group looking at an ICB wide strategy.

COMMUNICATION

We wanted to improve our own communication with Sefton's parent carers. Our website is still a work in progress but we are committed to continuing with these newsletters and are working to update our Facebook, Instagram and X accounts on a regular basis. Our new database is another outlet to share regular updates.

PREPARATION FOR ADULthood

We wanted to promote the PfA offer and the legal aspects of adult provision.

We have put regular links up for the PfA guide on our social media and have had guests from the social care transitions team, the post 16 manager and the adult patient engagement team as coffee morning guests. We hosted a PfA zoom discussion with a view to planning a further parent carer conference this coming autumn.

PARENT ENGAGEMENT

We wanted more training sessions for parent carers, to start up Southport sessions and to reach out to parent carers who are isolated. Parent carers were invited on Mental Health First Aid and Kooth training. We started sessions at Linaker FWC and they now run bi-weekly during termtime, we've also recently started evening zoom sessions. We hosted Sefton's Local Offer Live in November and our first in-person Parent Carer Conference in March.

SOCIAL CARE

We wanted to look at a more consistent and transparent social care offer including Aiming High.

Members of steering have been included on the interview panels for a number of recent social care roles including managers and the DSCO. We have highlighted issues around direct payments and continuity of staff. We've been involved in meetings about Aiming High and the short breaks offer. Rufus Beer, DSCO for Sefton, and Stephen Shaw, Team around the School manager, have been regular guests at both Cambridge and Linaker FWC.

GENETIC CONDITIONS

We wanted to encourage a better understanding of genetic conditions and help families link up with other resources. We haven't progressed this priority as we would have liked, this continues to be something we need look at in the coming months.





BECOME
A MEMBER

Can you Help? Would you like to be a representative for Sefton PCF?



Join US

Sefton PCF are always looking for people to help out at events and coffee mornings. We are looking for new parent representatives and will be inviting anyone interested for a chat before the summer break.

If you are interested in getting involved and volunteering with us, then please don't hesitate to get in touch. Contact details below:

HAVE
A
GREAT
HALF
TERM!



for parents and carers of children and young people, aged 0-25 years, with special educational needs and/or disabilities

For more information, please visit our website



E-mail: info@seftonpcf.org
 Facebook (Private): [SPCF - Sefton Parent Carer Forum](#)
 Facebook (Public): [Sefton Parent Carers Information Sharing Network](#)
 Twitter: [@SeftonPcfNew](#)
 Instagram: [Seftonpcf](#) Website: www.seftonpcf.org
 Address: [SPCF Shared Space, Cambridge Family Wellbeing Centre, Cambridge Road, Bootle, L20 9LQ](#)

